



The Communicator

November 2022

AA Donation
Information

AA HOTLINE
920-432-2600
greenbayaa.org

Green Bay AA District 1
PO Box 11421
Green Bay, WI
54307-1421

AA District 1
PO Box 11421
Green Bay WI
54307-1421

AA Area 74
PO BOX 171
Manistique, MI
49854

**General Service
Office**
PO BOX 2407
James A. Farley
Station,
New York, NY
10116-2407



IF YOU CHANGE NOTHING
NOTHING WILL CHANGE

**DISTRICT MONTHLY MEETING
(HYBRID)
November 10, 2022**

Opened with the Serenity Prayer, I am Responsible and the 12 Traditions.

Attendance

DCM	Lauren P. – absent. Report sent
Alt. DCM	Mike N.
Secretary	Donna Y. -absent email: dyoungwirth@new.rr.com Alt. Secretary Cheryl R: czuraski@new.rr.com
Treasurer	Katie D. – absent. Report sent
Newsletter/Webmaster	Doug F.
Grapevine	Sherry W.
Corrections	Eric-Men/Lindy H.-Women
Bridging the Gap	Open position. Mike N filling in
PI/CPC	Open position
Archives	Jeff – absent
Accessibilities/ Hot Line	William W
District Events	Lynn L

GSRs: Cheryl R, Alt Lynn L, Melissa C, Dani B, Mark D, Duffy M, Paul K, Mary M, Alt Lauren Z, John v S, Bruce K, Sam J

Visitors: Andy H

GSR Reports

Mark D – Recovery Crusaders held at Nativity of Lord Church at 8:00am. *No written report*

Mike N – Early Risers – Meets Saturday 8 a.m. @ St. John the Baptist Church. *Greetings to all!*

The Early Risers Group of Alcoholics Anonymous meets every Saturday morning at 8am at St. John the Baptist Church, corner Cardinal Ln. and Glendale Ave. in Howard. In dedication to the willingness to go to any length for sobriety the group meets 52 weeks of the year regardless of holidays or whatever Mother Nature throws our way. After all, it never stopped us from drinking.

Since September 10th in addition to the regular meeting there has been an enthusiastic group in sobriety that meets at 7am in the old chapel to do a meditative study on the 12x12. This has been an informative and restorative adventure for all involved regardless of length of sobriety.

One of the founding members of this group would say "wherever there is a coffee pot and a resentment a meeting of AA can be held. The coffee pot is a permanent fixture, find a resentment and join us!"

Yours in service;

Linda V. – Zoom into Recovery – Meets 7 days a week @ 3pm on Zoom. *Not present. No written report*

Donna Y. – Letting Go – Meeting Thurs. 1 p.m. @ 218. *Not present. No written report*

Cheryl – BYOBB – meets on Tuesdays at 7:00pm at St John the Baptist in Howard. *This is a Big Book Meeting. Meeting attendance is staying steady at around 10. We recently read the beginning of Chapter 3, More about Alcoholism, which is always a good reminder of what it was like. I participated in the Service Workshop on 10/22 in Sturgeon Bay on GSR panel about what is like being a new GSR. It was a good experience. I have a receipt for \$6.71 for the Hello labels I purchased for the registration table. The solution is in the book. Come join us.*

Mary M., Lauren Z. Alt GSR – Women in the Present (in-person) – Meets from 7:00pm – 8:15pm on Thursdays@ The Bridge. *We continue to have 12-16 women in attendance each week, with newcomers & out-of-towners also joining us on a fairly regular basis.*

The attendance at our monthly Business Meetings has continued to grow. At our October Business Meeting, we began working on verbiage to add to the meeting “introduction/welcome,” read by the Chairperson, that addresses when males occasionally show up for the meeting (a Group Conscience was taken some time ago and it was decided that our group would welcome ANYONE that shows up for/is needing a meeting, regardless of gender), so that everyone in attendance is aware of the decision that was made. We are also working on a “process” to deal with intoxicated persons attend the meeting – especially as it relates to transportation issues that may arise. In addition, we are working on establishing a weekly meeting format for each month (i.e., Speaker, Grapevine, Step-of-the-Month, Chairperson’s Choice, etc.).

On Saturday, November 5th, ten women from WITP and AA got together for a “Porch Pot and Snacks” party. In just over 2 hours, we’d created some very festive porch pots for the holidays, munched on some delicious snacks and enjoyed some great fellowship together!

Due to Thanksgiving, our next Business Meeting is scheduled for Thursday, December 1st, immediately following the regular meeting.

Submitted In grateful service

Melissa C, Alt Lynn L - Saturday Sober Sisters – Meets every Saturday via Zoom, 8:30-9:30 am. *No written report*

Paul – The Serenity Now Group of AA – Meets at Calvary Lutheran Church in Green Bay every Monday, Wednesday, and Friday from 12:00 a.m. to 1 p.m. – *The Serenity Now Group of AA meets at Calvary Lutheran Church every Monday, Wednesday, and Friday from 12 a.m. to 1 p.m.*

Attendance has been strong averaging between 48 and 60 members with a mix of new and returning members joining our group.

Focus is now on the hosting the Spring Conference and encouraging members to volunteer their time and talents to the event.

Public service announcements are scheduled to be broadcast on radio programs during the Thanksgiving, Christmas, and New Year's holidays.

Lynn B. – Eye Opener Group, St. Matt's, Saturday 10:00 am. – *not present. Lynn asked that her report from last month (October) be listed in this month's minutes also.*

ATTENTION *all fellows who presently attend or have previously attended the St. Matt's meeting but have been away for a while. We will be having a business meeting on Saturday January 7, 2023 after the regular meeting. I am told that attendance at the St. Matt's meeting has, historically, been large. This has not been the case since COVID and we are looking for ways to increase attendance. Therefore, we have decided it is important for us to re-visit the previous common practices that were in place for this long-standing group (BEEN AROUND FOR 45 YEARS!) and we would love to have input from everyone. We chose the January meeting to allow the October, November and December reports/newsletter to include this notice so there is ample notice to all. Things we will be discussing include: funds allocation, collection specific to corrections, mask policy, monthly anniversary meeting, phone list updates, big books to newcomers, treats. Please consider attending this business meeting or communicate your opinion to anyone you know who regularly attends this meeting. Thank you.*

John v S. – Never on Sunday – Bridge @ 9:30am Sunday. – *The meeting is going strong. Attendance is averaging 15-30 people with a good mix of short-, medium-, and long-term sobriety. Still the lack of newcomers is troublesome but maybe they've all been careful!*

One thing the Bridge is planning on doing is fundraising for a new parking lot. The existing blacktop is definitely worn out. So, if anyone has ideas on a good fundraising campaign, please let it be known!

Thank you!

William – Guest Speaker Meeting (GSM) – Wed. 7 p.m. @ 218 Club – *the meeting is going well with attendance and speakers from Al-anon and AA that are signing up on the board at the 218 Club. The meeting set up service work opportunities to help with the flow of the meeting. There is a sign-up at the 218 Club for service work of Chairing, Greeting, Coffee Maker, and Clean up duty after.*

Polly – Zooming Women in the Present – Thurs. 7 p.m. @ Bridge – *Our meeting averages 15 attendees. We have had some newcomers join recently, which has been a wonderful addition to our group.*

Still waiting for information regarding registrar contact to get our meeting registered with GSO, as we would like to continue to grow our meeting.

Dani B – There is a Solution @ 8 a.m. Saturday at the Bridge – *no written report*

Sam J – *new meeting just started at the Micah Center on Saturdays. No written report*

Duffy M – Early Birds – *Sundays 7:30am at the 218 Club. No written report*

DISTRICT CHAIR REPORTS

District Events – Lynn L – *no written report. Working on Inter-group for January 21, 2023.*

- ❖ November 11-13, 2022 – National Corrections Conference in Schaumburg, IL
- ❖ November 12, 2022 – Waupaca Intergroup at Faith Community Church at 5pm
- ❖ November 18-20, 2022 – Soberfest in Lake Geneva, WI more info at soberfest.org
- ❖ November 18-20, 2022 – Annual Retreat for members of AA in Oconomowoc, WI
- ❖ November 24, 2022 – Thanksgiving Gratitude Meeting at the 218 Club at 10am
- ❖ December 10, 2022 – Area Committee Meeting via zoom 8-10am
- ❖ December 25, 2022 – Christmas Gratitude Meeting at the 218 Club at 10am
- ❖ December 31, 2022 – New Year's Eve Dance at the 218 Club 9pm-midnight
- ❖ January 6-8, 2023 – WICYPAA in Eau Claire, WI more info at wicypaa.org
- ❖ January 21, 2023 – District 1 Intergroup SAVE THE DATE
- ❖ April 7-9, 2023 – HACYPAA in Wisconsin Dells more info at hacypaa-7.square.site
- ❖ April 15, 2023 – Annual Moose & Goose at Emmanuel Lutheran Church in Seymour at 5pm
- ❖ May 19-21, 2023 – Area 74 Spring conference at the Radisson in Green Bay, WI hosted by District 1

Please contact Lauren P at if there are any other upcoming events that may have been missed. Lauren will be updating this list monthly.

DCM – Lauren – *This past month we had a lot going on! I attended the Shawano Intergroup on October 15 and heard two amazing stories that evening and had some great fellowship. On October 22 was the Spirit of Service workshop and it was a huge success! We had about 50 people in attendance from multiple districts all across the Area. That workshop was one of the most spiritual powerful days I've ever had in the program; how each speaker shared their personal journey through service work. District 22 now has a DCM, 1 GSR and an alternate GSR! Those 2 of those ladies along with another woman came up to the Area Assembly the week after. With the success of that workshop I would like to do that again in another District! On October 29 I attended the end of the year area assembly in Three Lakes. We approved the budget for 2023 and we voted to raise the budget for 2 committees. PI was raised to \$5000 and the Treatment and Accessibilities was raised to \$6400. That committee includes ASL speakers. I asked since we are hosting the next Area conference if they would provide an ASL speaker for us. The answer was "we (the district) provides the speaker and they (the area) can help pay for them as needed". I will not be there for this months meeting, so Mike N will be leading you into victory over alcohol!*
Yours in service, Lauren P. DCM 01

Secretary – minutes were approved. Cheryl R. filling in so please email her your report by Monday 11/14/2022.

Treasurer – Katie D. – ***Voted on and approved.***

November 10, 2022 Treasurer's Report

Starting balance	\$8,778.61
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Deposits

Serenity Now	\$300.00
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Road to Redemption	\$333.00
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Oct. District Meeting	\$25.00
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Letting Go	\$53.00
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Total Deposits \$711.00

Payments

Katie Dexter (reim. For Spirit of Service Pres.)	\$(100.00)
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Midwest Communications - holiday ads	\$(1,700.00)
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Digicopy - Oct. Invoice	\$(27.43)
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Total Payments \$(1,827.43)

Subtotal starting balance + deposits - payments	\$7,662.18
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Prudent Reserve	\$(1,300.00)
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Available Funds	\$6,362.18
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*** 2022 income and expenses attached as separate document

Grapevine – Sherry – *no written report.*

Corrections – Lindy and Eric – *We are going to the corrections conference Nov.11th. Going into Willow Creek.*

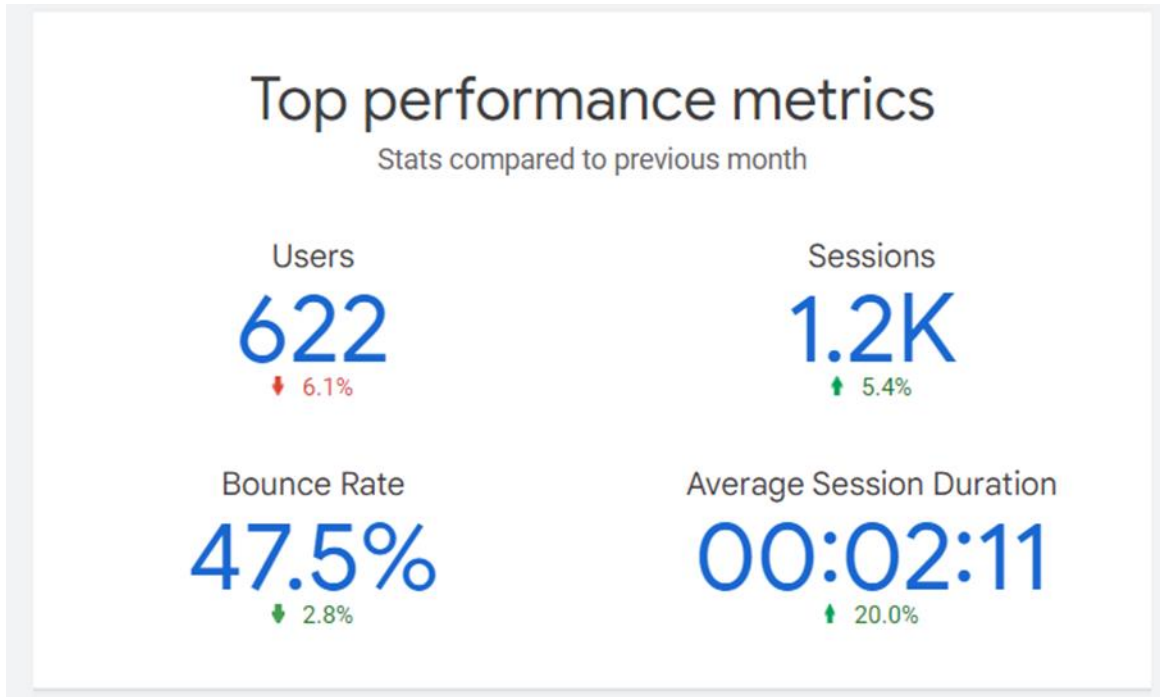
Bridging the Gap – ***OPEN POSITION*** – Mike N.
(temporary) Need volunteers to get a person to a meeting immediately following release from jail/prison. Please let your groups know we are looking to fill this position.

Archives – Jeff E – ***No written report***

Accessibility/Hot Line – William W – *The hotline is going smoothly. Looking for an Alt Accessibility Chair if anyone is interested. If anyone is interested, please contact accessibility@greenbayaa.org or call me at (920)327-0717.*

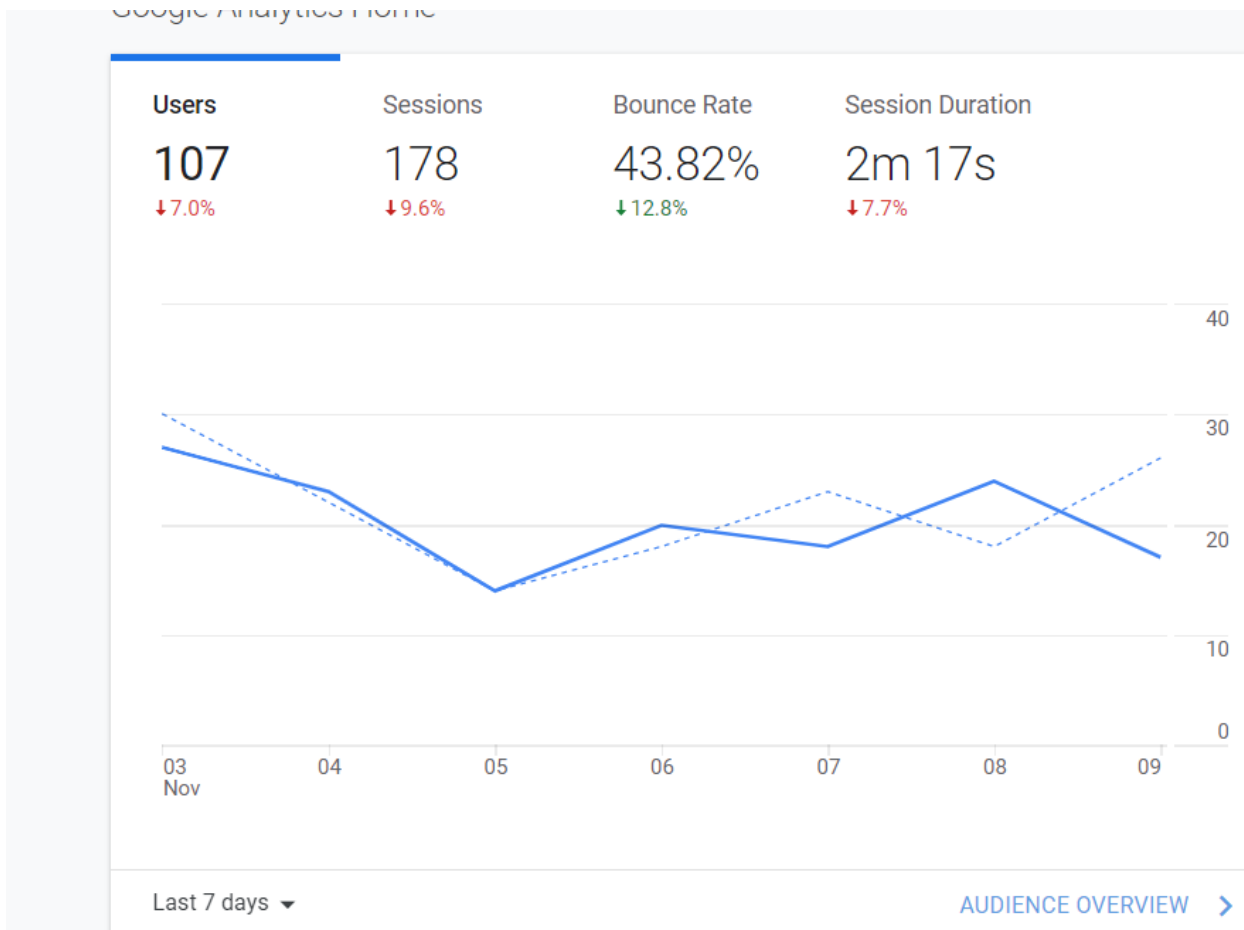
Newsletter/Webmaster – Doug. Website/Newsletter Report November 2022

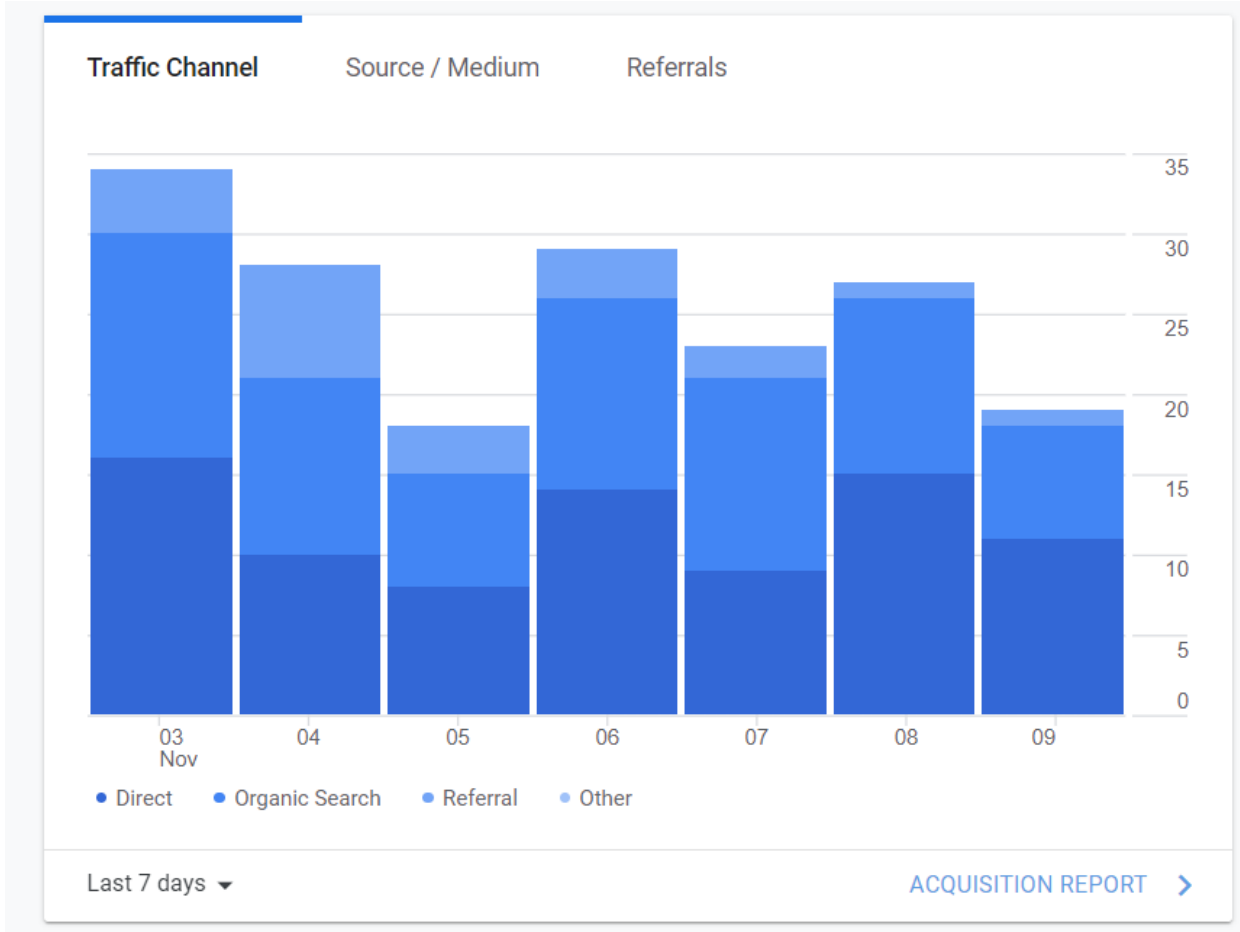
I have been busy with life and haven't spent much time on the website. The good news is that it seems to be stable and functional. I will keep updating it. The "events" page is looked at often. The document I get from Lauren gets posted to the website and has many hits. The meeting list is the most frequently page visited
The newsletter is starting to be easy and fun. I really enjoy finding material to pertain to the step and tradition of the month. I haven't had any feedback on the newsletter, so I will press on. (pun intended)



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CPC/PI – **OPEN POSITION.** *Please let your groups know we are looking to fill this position.*

Cooperation with the Professional Community (C.P.C.)

Committees focus on:

- Establishing better communication with professionals working with alcoholics
- Finding simple, effective ways of cooperating without affiliating
- Explaining clearly what A.A. does and doesn't do

Public Information (P.I.)

Committees focus on:

- Giving presentations about A.A. to schools and organizations.
- Providing information about A.A. through digital and print materials.
- Insuring local media have accurate information about A.A. through PSAs, anonymity-protected interviews and press kits.

OLD BUSINESS

- Possible area workshop with CPC/PI in February or March. Lauren contacted those chair persons and is waiting to hear back on what dates work for them.

NEW BUSINESS

- **Next Spring Conference planning meeting is either December or January**
- **Tentative schedule is out. Just waiting to hear back from the groups of what they would like to do for the Saturday evening entertainment**
- **We are in need of someone to fill the Decorations & Cake position**
- **We are in need of Alanon speakers and someone to find panelists for Alanon as well.**
William said he could help find Alanon speakers since he knows some from the open speaker meeting on Wednesdays.
- **Mary needs greeters**
- **Bill could use some help with the literature**
- **District 1 Intergroup – January 21 at Redeemer. Bonnie from Chicago will be the main speaker**
- **Reminder that next month, December, our district meeting will be ALL in person**

Discussion: two GSRs mentioned that November is Gratitude month. It was stated that the GSO is in need of donations which have been down. Needed for operating expenses. Normally literature can be sold at cost but due to donations being down, literature costs could increase to help with operating expenses. It was suggested that if every alcoholic would make just one \$10 contribution or \$1 for every year sober, AA could become solvent again. You can make a contribution directly to AA at <https://www.aa.org> and click the contribution tab on top of the page. Meetings can also put out an additional donation can specially for GSO contributions. All monies donated to the GSO, go to one central location, General Service Board, and are allocated to the different AA resources.

It was noted also that how groups handle their donations is autonomous and done at the group level.

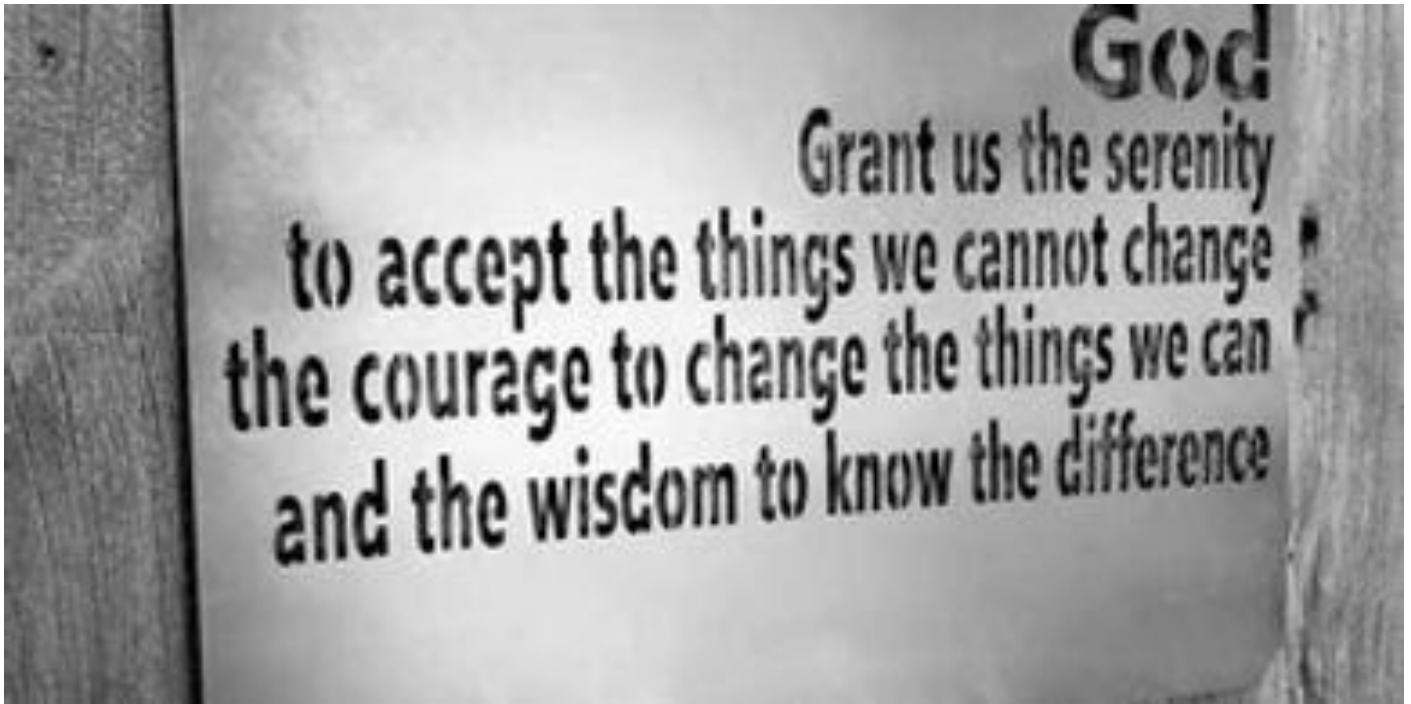
Motion was made to close. We closed with the Our Father

Area Announcements for November, 2022

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DON'T POLE VAULT OVER MOUSE TURDS



[How to Stop Overthinking, Stressing & Worrying \(3 Ways that WORK!\) - YouTube](#)

I would do this all the time in the past! Every situation that was a little troublesome I always made it a lot bigger issue than what it really was. I felt like I needed to control everything. Well now I understand that I don't control anything. GOD does. I am learning to take things for what they are. I understand that it is what it is and then I let it go. (myrecoveryarmor.com) <https://myrecoveryarmor.com/simple-but-powerful>

Steps and Traditions

The Traditions are designed to keep the GROUP from destroying itself; the Steps are designed to keep US from destroying OURSELVES!

Step 11

11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

In step 11, you discover the plan of your higher power. You also seek to better understand it and carry it out.

AA is a spiritual organization that encourages participants to find their higher purpose. Whether this is through their relationship with God, another higher power, or AA itself, it is up to the individual participant.

All people with a desire to remain sober are welcomed and encouraged to participate. It doesn't matter if they practice a particular religion, are inactive in religion, or are agnostic or atheist.

Tradition 11

11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

Not Using Full Names or Naming Groups

When discussing their personal recovery with the media, members who are identified by their full names—such as the case of those who are already well known in the media—should not also identify the specific name of their 12-step recovery group. If members wish to discuss the benefits of membership in a specific 12-step group, such as Al-Anon or Alcoholics Anonymous, they then should not identify themselves except by first name only.

For example, if John Doe uses his full name in an interview, he should not name his recovery group. He might simply say he is in "a recovery group." If he wants to discuss Al-Anon or AA by name, he should identify himself only as John D.

This anonymity is for the good of the fellowship rather than protecting the identity of the member. The example is given of a famous athlete or television personality—a role model for youth—who gets into recovery and announces to the entire world that AA has saved his life. What happens if that person relapses? The kids would think AA is useless and be less likely to seek it when they need to seek sobriety. But Tradition 11 was also developed by the founders of the 12 step programs in order to avoid other potentially damaging situations.¹

Anonymous A. [Alcoholics Anonymous, The Story of How More Than One Hundred Men Have Recovered from Alcoholism](#). 2012.

Promotion Not Needed

AA member Alethea notes that promotion allows outsiders to change the message, so much so that insiders now hear a different message. The original message of "we get better" has become "things get better." Outside institutions say that it does not matter which 12-step program you go to they are all the same. Yet the support a drug addict would get at an AA meeting from alcoholics is not the same as he would get at a Narcotics Anonymous meeting with other addicts.¹

Anonymous A. [Alcoholics Anonymous, The Story of How More Than One Hundred Men Have Recovered from Alcoholism](#). 2012.

Attraction, Not Promotion

The purpose of 12-step groups is for one member to help another and to be responsible for being the attraction to the program. A member does not cede this responsibility to a spokesperson or promotion campaign.

Althea notes, "By changing our appearance, how we communicate, dress, and conduct ourselves in and out of the rooms of AA—that's part of carrying the message also, to let people see the difference that this design for a living we were given has worked in our life. When people see the four changes in our life—mental, emotional, physical, and spiritual—they are attracted. They need no promotion. This is a program for people who want it. Let's not let others tell us what they think we are about. Let's just be ready when the suffering alcoholic is ready to open the door and show him what we are."

Resources

<https://www.aa.org/resources/literature>

Meeting Guide App

Meeting Guide is a free-of-charge meeting finder app.

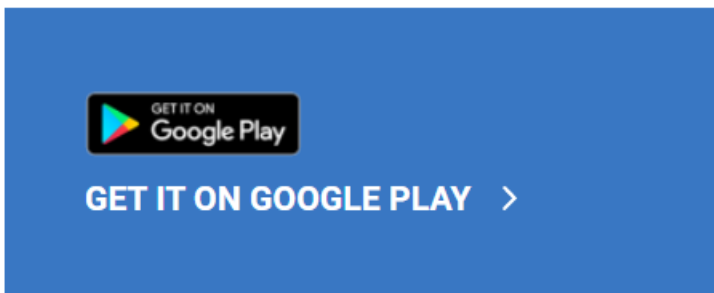
The app helps people find A.A. meetings and resources near them. A.A. service entities provide the meeting data for the app. Meeting Guide is available for iOS and Android smartphones.

About Meeting Guide

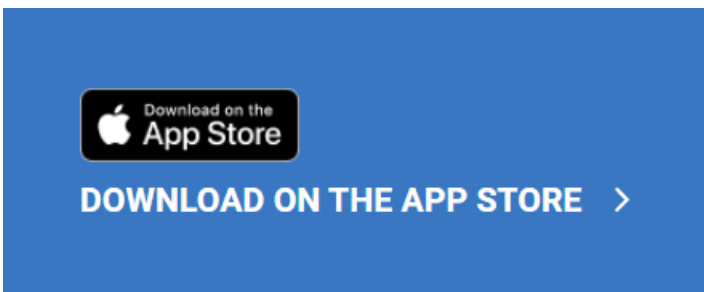
Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

Meeting Guide features

- Listing of both in-person and online meetings
- A default view that provides a list of meetings showing time, location and meeting name
- A meeting detail view that offers extra information such as meeting format and any notes provided by the group
- A search function to find meetings by location or keyword
- A daily quote feature lets users read from "Daily Reflections"
- Multiple access points that make finding local A.A. contact information easy
- A news feature with the latest from the General Service Office and Grapevine



<https://play.google.com/store/apps/details?id=org.meetingguide>



<https://apps.apple.com/us/app/meeting-guide/id1042822181>