



The Communicator

August 2022

AA Donation
Information

AA District 1
PO Box 11421
Green Bay WI
54307-1421

AA Area 74
PO BOX 171
Manistique, MI
49854

**General Service
Office**

PO BOX 2407
James A. Farley
Station,
New York, NY
10116-2407

AA HOTLINE
920-432-2600
greenbayaa.org

Green Bay AA District 1
PO Box 11421
Green Bay, WI
54307-1421



Am I an alcoholic?
If you repeatedly drink more than you intend or want to, if you get into trouble, or if you have memory lapses when you drink, you may be an alcoholic.
Only you can decide. No one in A.A. will tell you whether you are or are not.
What can I do if I am worried about my drinking?
Seek help. Alcoholics Anonymous can help.

DISTRICT MONTHLY MEETING

(HYBRID)

August 11, 2022

Attendance

DCM	Lauren P.		
Alt. DCM	Mike N.		
Secretary	Donna Y.	Alt. Secretary	Cheryl R
Treasurer	Katie D.		
Newsletter/Webmaster	Doug F.		
Grapevine	Sherry W.		
Corrections	Eric-Men/Lindy H.-Women		
Bridging the Gap	Open position		
PI/CPC	Open position		
Archives	Jeff – absent		
Accessibilities/ Hot Line	William W		
District Events	Lynn L		

GSRs: Mary M., Melissa, Mike N., Paul W., Donna, John S., Cheryl, William, Lynn, Linda, Jon, Jerilyn, and Duffy.

GSR Reports

Mike N – **Early Risers** – Meets Saturday 8 a.m. @ St. John the Baptist Church. *We are fortunate to have a splendid mix of senior and young sobriety.*

We will be beginning a Joe & Charlie-type study of the Big Book Before meetings with a tentative launch date of September 10th @ 7a.m. We are grateful to several of our long-time members who have volunteered their time and resources in perpetuating the tradition of this group to carry the message of recovery contained within the pages of our “Design for Living”.

Donna Y – **Letting Go** – Meeting Thurs. 1 p.m. @ 218 – Attendance is growing with lots of new comers.

Cheryl – **BYOBB** - Meeting meets Tuesday at 7:00pm at St John the Baptist in Howard. *We have regular attendance of approximately 10 alcoholics reading the big book and discussing. We celebrated a one-year anniversary. We do recover from a hopeless state of mind and body. Come join us.*

Mary M – **Women in the Present (in-person)** – Meets from 7:00pm – 8:15pm on Thursdays@ The Bridge. *6-10 women usually attend our monthly Business Meeting – which is held the last Thursday of the month, immediately following the meeting. We are still looking for an Alternate GSR. Lately, the majority of those attending the Business Meeting are relatively new to sobriety (< 1 Year), which has led to some “communication issues” that we will continue to work on addressing at future meetings.*

At our next Business Meeting, we will be voting on a potential change in our meeting format. It was suggested that we consider adding a “personal share-type” meeting one Thursday a month. After the 15-minute personal share, individuals attending will have an opportunity to speak using a “popcorn-type” format. For the last month or so, we have been polling group members/attendees to get a group conscience as to whether they are/are not in support of this change.

We will be having our 2nd social event on Saturday, August 20th. Those that choose to join us will be launching their own or a rented kayak from Suamico Paddle at 10:00am. This activity is open to family and friends, as well. The intent of these get-togethers, outside of our group meeting, is to provide an opportunity to get to know one another better and to promote service work.

Melissa - **Saturday Sober Sisters** - meets every Saturday via Zoom, 8:30-9:30 a.m. *Numbers remaining steady at 12-16. Our meeting is now official as we received our group number from the GSO last week*

Robert W/ Linda. – **Zoom into Recovery** Meets daily @ 3 p.m. *Zoom Meetings going very well with attendance 26-30 daily. Celebrated with our second annual Picnic on Aug 7th, attendance of members and family. Great fellowship and gratitude. Meeting continues daily via zoom at 3 pm. Mondays are 1st step meetings. Newcomers and members can request a 1st step meeting any day if they should desire.*

Paul – **The Serenity Now Group of AA** meets at Calvary Lutheran Church in Green Bay every Monday, Wednesday, and Friday from 12:00 a.m. to 1 p.m.- *No written report.*

Lynn B - Eye Opener Group, St. Matt's, Saturday 10:00 am. A business meeting was held on August 30th. We discussed the current issues impacting the new Treasurer and were reminded her service will discontinue when she goes to Florida in December. We will need someone to step up as a new Treasurer at that time. We discussed adding a role of Secretary. We also, through a vote of group conscience, voted to begin handing out annual anniversary cards at the anniversary meeting, which is the last Saturday of each month. I am told this was a much-appreciated practice when it was done previously. Attendance continues to be good and there have been some new comers. Weather permitting, we continue to enjoy meeting outside under the shade tree. Bring a lawn chair or blanket. If it's too hot we do go inside

John v S – Never on Sunday - @ Bridge @ 9:30am Sunday. Nothing new to report. Attendance is between 15-25 people on average. Lots of short term, medium term, and long-term sobriety showing up every week. But still a lack of newcomers.

William - Guest Speaker Meeting, Wed. 7 p.m. @ 218 Club - Attendance has been growing. This is a meeting where there is a speaker that tells their story for a 15 to 30-minute period and the meeting is open after to questions. Coffee and Candy are available as an added bonus for those attending.

Jerilyn – Zoom into the Present, Thurs. 7 p.m. – No written report.

Duffy - Early Risers- 7:30 a.m. Sunday – Attendance is still strong, averaging 30-35 people. We just re-started serving coffee, the meeting has a nice blend of newcomers and some longtime sobriety. Plus, a strong presence of Veterans. The meeting has started running 65-70 minutes, but people are able to leave after 60 minutes if necessary.

DISTRICT CHAIR REPORTS

District Events- Lynn L -

- ❖ August 13, 2022 – Moose & Goose planning meeting at 12pm (hybrid) – tentatively planning for April 2023
- ❖ August 13, 2022 – 218 Club Summer Picnic at Murphy Park
- ❖ August 12-14, 2022 – AA Wolf River Camping Trip in White Lake, WI
- ❖ August 12-14, 2022 – Illinois State and East Central Regional Conference – Lisle, IL
- ❖ September 9-11, 2022 – National AA Technology Workshop (NAATW) via Zoom
- ❖ September 17-18, 2022 – Area Assembly and Area Committee Meeting in Rhinelander, WI
- ❖ September 24, 2022 – Fall BBQ Dinner at the Bridge at 4:30pm
- ❖ October 7-9, 2022 – Recovery on the River Jamboree in Eau Claire, WI
- ❖ October 8, 2022 – 12 step study at the Norbertine Center for Spirituality 8am-5pm
- ❖ October 22, 2022 – Service Workshop at Hope United Church of Christ in Sturgeon Bay, WI. 9am-4pm
- ❖ October 29, 2022 – Halloween Dance at the 218 Club 9pm-midnight
- ❖ November 11-13, 2022 – National Corrections Conference in Schaumburg, IL
- ❖ November 18-20, 2022 – Soberfest in Lake Geneva, WI
- ❖ December 31, 2022 – New Year's Eve Dance at the 218 Club 9pm-midnight
- ❖ January 6-8, 2023 – WICYPAA in Eau Claire, WI
- ❖ May 19-21, 2023 – Area 74 Spring conference hosted by District 1

DCM – Lauren Hello all! I've been working with Sara S from District 22 and the service workshop will be on October 22 at Hope United Church of Christ in Sturgeon Bay from 9-4. We are looking for panelists and volunteers for our planning committee. Our first committee meeting will be August 21 at 7pm via zoom. I have a signup sheet on the table for anyone who wants to help out! Other than that, not too much else going is going on. Please feel free to ask me any questions!

Secretary – Donna – Voted on and approved. Added the option to text reports to me – 920-680-8636

Treasurer – Katie D. – Voted on and approved.

July 14, 2022 Treasurer's Report

Starting balance	\$	7,716.72
Deposits		
District 1 - 7th Tradition 6/9 & 7/14	\$	21.00
August 6 Picnic Donations	\$	103.00

How it Works	\$	250.00
Total Deposits	\$	374.00
Payments		
Digicopy - July	\$	(24.00)
Adobe AcroPro (newsletter) Autopay - August	\$	(15.81)
Mike Nuckles – ice/picnic	\$	(12.00)
Lynn Lacrosse - picnic supplies	\$	(112.00)
Paul Krueger – picnic gazebo rental	\$	(42.20)
Total Payments	\$	(206.01)
Subtotal starting balance + deposits - payments	\$	7908.71
Prudent Reserve	\$	(1,300.00)
Available Funds	\$	6584.71

Picnic Breakdown-Income = \$ 103.00 ;Expenses = (\$ 166.00);
Total for the Event = \$ 63.00

Newsletter/Webmaster – Doug *We had some bugs with the meeting app. I received some help from Eric. I don't think we found what the problem was, but it did get resolved. I am trying to get items posted soon after they get sent to me. Any input is welcome.*

I looked at the analytics from July. I saw an interesting spike in (1) time users on July 5th. I would like to believe that was in response to our radio add. The vast majority of our website users are 28 days + active users.

Grapevine – Sherry - Grapevine news, “Calling on stories for 5th edition of Big Book”. *Deadline for submissions is 10/31/2022. Suggested format for typed manuscripts is 3500 words, double spaced, in 12-point font. Handwritten manuscripts approximately 5-6 pages. To submit a story visit:* aa.org/submit-bigbook-enlish-5th

Include your complete name, address and email/phone info on the first page of submission. Anonymity of all authors will be observed. Stories will be accepted in English, Spanish and French. Contact 5BBStory@aa.org if you have any questions.

There's also a call for stories of Black and African American stories for an updated pamphlet for black community. Email stories to: pamphletstories@aa.org

Corrections- Lindy and Eric – *We are getting closer to getting AA meetings in BCJ via zoom. They're working on some technical stuff. Dallas (the Chaplain) is really excited to get this started.*

Bridging the Gap – OPEN POSITION- Mike N. *sent along some info on BTG to encourage getting someone to file this position*

Archives - Jeff E - *No big updates from local district stand point, but want to remind folks that there are -Group History Forms to share with GSR's and other archive material on the website.*

-Created 2 new displays based on older Press Gazette newspaper series on AA in Green Bay from 1940's.

-Attending Area Archives committee meeting 8/25 and working with area archive committee to find a central location to store and display Area and district archives.

-Looking into having an event at Manifest church called "Night at the Archives".

Accessibility/Hot Line – William W – *Is there anyone to help who could work with me on this- someone to act as a helper with this position. Accessibility Report - District 1 - The Hotline has been transferring very smoothly since I made a trip to Akron, OK. Thank you to the Hotline volunteers for their time and service work with the Hotline. With the code of 2 years of service. 3 days are available if a meeting or group would be interested in a day shift for the Hotline.*

On another subject- I had a phone call come into the Hotline as I was filling in for a volunteer for a 2-hour period It came from a Bellin Memorial employee. She had a patient looking for a meeting with someone who spoke a different language. I am going to make a few calls within the circle I have developed through service work with the District 1 to find a person for this topic. Any suggestions would be appreciated. I may never receive a call from this individual though it would be great to get prepared if this happens again. This could also be CPC/PI-related.

CPC/PI position is Open. Linda is willing to continue to help us with radio ads until we can fill the position.

NEW BUSINESS

- Spring Conference – Discussion on needing help from groups in Hospitality Rooms. Next organization meeting to be held in Sept.
- Intergroup– in January.
- Lauren- Discussion has begun about moving District Meeting to in-person ONLY- no zoom. Will check with Katie as to when contract is up and further discussion @ September District Meeting.

Motion to close, Closed with Lord's Prayer

Area Announcements for September 8, 2022

- ☑ September 9, 2022 – Recovery Crusaders 1 Year Anniversary Celebration at 5:30pm at Nativity Church
- ☑ September 9-11, 2022 – National AA Technology Workshop (NAATW) via Zoom
- ☑ September 17-18, 2022 – Area Assembly and Area Committee Meeting in Rhinelander, WI (hybrid)
- ☑ September 24, 2022 – Fall BBQ Dinner at the Bridge at 4:30pm
- ☑ October 7-9, 2022 – Recovery on the River Jamboree in Eau Claire, WI
- ☑ October 8, 2022 – 12 step study at the Norbertine Center for Spirituality 8am-5pm
- ☑ October 15, 2022 – Fall Shindig hosted by District 4 in Amherst, WI 8am-7pm
- ☑ October 22, 2022 – Service Workshop at Hope United Church of Christ in Sturgeon Bay, WI. 9am-4pm
- ☑ October 29, 2022 – Halloween Dance at the 218 Club 9pm-midnight
- ☑ November 11-13, 2022 – National Corrections Conference in Schaumburg, IL
- ☑ November 18-20, 2022 – Soberfest in Lake Geneva, WI
- ☑ December 31, 2022 – New Year's Eve Dance at the 218 Club 9pm-midnight
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Therapist: "You've gotta learn to feel your emotions instead of masking them with drugs and alcohol"

Me:



**MAKING AMENDS INVOLVES
MORE THAN SAYING**



[“I’ve been sober for so many years. It wasn’t like you flick a switch, and you’re sober. It takes a while. You have to learn how to do everything all over again. You can measure how long that takes in terms of years.”](#)

— [Joe Walsh](#)

Steps and Traditions

The Traditions are designed to keep the GROUP from destroying itself; the Steps are designed to keep US from destroying OURSELVES!

Step 8

8. Made a list of all people we have harmed and became willing to make amends to them all.

TWELVE STEPS AND TWELVE TRADITIONS, p. 80

Willingness is a peculiar thing for me in that, over a period of time, it seems to come, first with awareness, but then with a feeling of discomfort, making me want to take some action. As I reflected on taking the Eighth Step, my willingness to make amends to others came as a desire for forgiveness, of others and myself. I felt forgiveness toward others after I became aware of my part in the difficulties of relationships. I wanted to feel the peace and serenity described in the Promises. From working the first seven Steps, I became aware of whom I had harmed and that I had been my own worst enemy. In order to restore my relationships with my fellow human beings, I knew I would have to change. I wanted to learn to live in harmony with myself and others so that I could also live in emotional freedom. The beginning of the end to my isolation—from my fellows and from God—came when I wrote my Eighth Step list.

Tradition 8

8. Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.

TWELVE STEPS AND TWELVE TRADITIONS, p. 173

"We see that we have no right or need to discourage A.A.'s who wish to work as individuals in these wider fields. It would be actually antisocial were we to forbid them. We cannot declare A.A. such a closed corporation that we keep our knowledge and experience top secret. If an A.A. member acting as a citizen can become a better researcher, educator, personnel officer, then why not? Everybody gains, and we have lost nothing. True, some of the projects to which A.A.'s have attached themselves have been ill-conceived, but that makes not the slightest difference with the principle involved."

If you spend all your time worrying about yesterday and living in fear of tomorrow you're pissing all over today.

When my sponsor used to ask me how it's going and I'd just say "fine"
He'd ask which one Fucked up , insecure, neurotic, emotional

"Alcoholics are the people who treat loneliness with isolation."

If I'm feeling nuts it's because I *am* NUTS - Not Using The Steps.

We got good news and we got bad news.

The good news is that the 12 Steps are only suggestions. The bad news is that we ain't go any other suggestions.

Resources

<https://www.aa.org/resources/literature>

Meeting Guide App

Meeting Guide is a free-of-charge meeting finder app.

The app helps people find A.A. meetings and resources near them. A.A. service entities provide the meeting data for the app. Meeting Guide is available for iOS and Android smartphones.

About Meeting Guide

Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

Meeting Guide features

- Listing of both in-person and online meetings
- A default view that provides a list of meetings showing time, location and meeting name
- A meeting detail view that offers extra information such as meeting format and any notes provided by the group
- A search function to find meetings by location or keyword
- A daily quote feature lets users read from "Daily Reflections"
- Multiple access points that make finding local A.A. contact information easy
- A news feature with the latest from the General Service Office and Grapevine



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