

DISTRICT 01 NEWSLETTER

"The only requirement for membership is the desire to stop drinking"

SEPTEMBER 2004

DISTRICT 01 PO BOX 0632 GREEN BAY WI 54305

www.greenbayaa.org

GSR and District Service Meeting

Sept 16th – 218 Club

Third Thursday of each month at 6:30 pm

Each member speaks only for herself or himself. In the Home Group, the GSR brings our consensus to the D C M. Consensus is shared as we draw upon the service of our committees. The Newsletter and Meeting List are distributed. All members are welcome.

Thank you for letting me serve.

District 01 Committee Officers

District Committee Member (DCM)	Kelly J.	469-0501
Alternate DCM	John RS	265-6708
Secretary	Mike G.	366-1309
Treasurer	Dean H.	438-1594
Archives	Pete J.	490-4008
Cooperation w/ Professional Community (CPC)	-----	Vacant
Corrections	Lynn L.	496-5899
Grapevine	Bill L.	498-3759
Hotline	Barb R.	437-6484
Newsletter	Marty S.	465-1401
Public Information	Glen F.	496-9557
Treatment/Bridging the Gap	-----	Vacant

Many members who desire to serve beyond the home group find themselves walking through the door of the GSR and District Service Meeting. Generally, they have been sober over a year and recognize the promises coming into their life. Gratitude has replaced despondency; the desire to give back is growing. When you are ready, please consider this important service. All are welcome.

Visit our web sight

a convenient place to find a meeting

District 01 www.greenbayaa.org
(our meeting list and past newsletters are posted here)

Area 74 (North WI + UP) www.area74.org
(w/ links to Districts 01 02 04 05 06 07 09 10 12 14 15 16 18 22 23 24)

Area 75 (South WI) www.area75.org

Area 20 (North Illinois) www.aa-nia.org

AA Grapevine www.aagrapevine.org
(AA Grapevine Digital Archive access free through Oct 31, 04)

WICYPAA www.wicypaa.org
(Wisconsin Conference of Young People in AA)

G.S.O. (General Service Office in NY) www.aa.org
(A list of online meetings is available, upon request, from GSO)

For general and pre-registration information about the 2005 International Convention to be held in Toronto, Canada, go to the GSO web site under "Services for Members"

Support our new meeting

"Friday Night Alive" group

Women's Closed mtg.

Friday 7:00 pm Discussion format Non-smoking

Last Friday of the month is a Speaker Meeting.

Victory Baptist Church, 1537 University Av., Green Bay

Contact: Mary K. 920-837-2707

"Keep It Simple" Group

Wednesday 6:30 pm Open mtg Non-smoking

Big Book - Basic 12 Step Study

Port Plaza Towers, 302 N. Adams St., Green Bay

Contact: Robin N. 360-4339

NATIVE GROUNDS COMMUNITY CENTER

235 NO. BROADWAY, GREEN BAY

Thursday, 9:30 am Open Meeting
Non-smoking

Reading and Discussion Format

Contact: Elizabeth 497-1812

Flintville Early Risers

Sat 8:00 am Step Meeting Closed Non-smoking

The last Saturday of the month is a Birthday Meeting

Sts. Edward and Isidore Catholic Church, Marion Room

Contact: Tom W. 920-822-1433

From Green Bay: North on Hwy 41, left onto Cty 'B',
left onto Cty 'M', ¼ mi. on the right.

BIG BOOK MEETING

WED 7:30 PM CLOSED NON-SMOKING

♣ BELLIN PSYCHIATRIC CENTER

301 E. JOSEPH ST., GREEN BAY

CONTACT: JOHN G. 469-9103

"Any two or three alcoholics

gathered together

for sobriety may call

themselves an AA group."

Language of the Heart, Bill W.'s Grapevine Writings, p.22, with permission.

R e c o v e r y - U n i t y - S e r v i c e

Newsletter/Meeting List

District 01 sponsors this newsletter and meeting list.

Opinions expressed herein are individual. Each member speaks only for herself and himself.

Past issues of the newsletter are available at our website:
www.greenbayaa.org

The deadline is September 10th for the October Issue.

Please indicate if your submission is for the newsletter, the meeting list or both.

Send to: District 01 Newsletter, PO Box 0632, Green Bay, WI 54305
Leave a message: Marty S. 465-1401
Email: martyjs@athenet.net

When you're traveling on the road and go to a meeting, please pick-up a newsletter of the district your in if one is available, and pass it on to our newsletter. Thanks, Marty S.

No one likes to admit that they're a drunk, that they can't control this thing.

The Family Afterward.

Whether the family goes on a spiritual basis or not, the alcoholic member has to if he (or she) would recover. The others must be convinced of his new status beyond the shadow of a doubt. Seeing is believing to most families who have lived with a drinker.

Big Book, p. 135, with permission.

Spiritual progress implies positive change noticed by others.

Please Volunteer to help Green Bay host WICYPAA XII.

The Wisconsin Conference of Young People in Alcoholics Anonymous meets annually. Every one is welcome. We define "Young People" as anyone with room to grow. There are no age restrictions. In the past we have had people in their teens and in their seventies involved. The conference provides an opportunity for AA members from all over Wisconsin and the rest of the world to come together to share their experiences, strength, and hope. Like any other conference, it is an opportunity to learn more about the program and sobriety. The conference consists of several closed and open AA meetings, alkathons, panels, speaker meetings and events.

We are asking for volunteers to help with: Greetings
Decorating Registration Hospitality and Alkathons.

If you are interested, please contact:

Glenn F. 920-496-9557 funmaker@sbcglobal.net
Candace B. 920-235-6703 bahrcc@sbcglobal.net
Nadine S. 920-833-1354 strongmedband@aol.com

Help make Green Bay's first WICYPAA Conference a memorable success.

Singleness Of Purpose The Cornerstone of AA

Districts 06 & 24 are seeking volunteers to help with the Area 74 Fall Conference on October 1, 2, 3, 2004. Send your name, phone number, Email to: Fall 2004 Conference, PO Box 762, Chippewa Falls, WI 54729 or Email: fall2004con@yahoo.com Subject: Volunteers.

Please sign up for: Registrations, Greeters, Hospitality or 'anywhere I can help.' Thank you.

We avoid retaliation or argument.

An Autobiography in Five Chapters s p i r i t u a l p r o g r e s s

ONE

I walk down the street.
There is a deep hole in the sidewalk.
I fall in – I am lost....
I am helpless – It isn't my fault.
It takes forever to find a way out.

TWO

I walk down the same street.
There is a deep hole in the sidewalk.
I pretend I don't see it.
I fall in again.
I can't believe I am in the same place.
But, it isn't my fault.
It still takes a long time to get out.

THREE

I walk down the same street.
There is a deep hole in the sidewalk.
I see it is there.
I still fall in....
It's a habit.
I know where I am.
It is my fault.
I get out immediately.

FOUR

I walk down the same street.
There is a deep hole in the sidewalk.
I walk around it.

FIVE

I walk down another street.

When I get what I need, I invariably find that it was just what I wanted all the time.

Comment: Page: 2
Big Book p. 67

Comment: Page: 2
Big Book, p. 300

Traditions Checklist

Practice these principles . . .

Tradition Nine: AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

1. Do I still try to boss things in AA?
2. Do I resist formal aspects of AA because I fear them as authoritative?
3. Am I mature enough to understand and use all elements of the AA program – even if no one makes me do so – with a sense of personal responsibility?
4. Do I exercise patience and humility in any AA job I take?
5. Am I aware of all those to whom I am responsible in any AA job?
6. Why doesn't every AA group need a constitution and bylaws?
7. Have I learned to step out of an AA job gracefully – and profit thereby – when the time comes?
8. What has rotation to do with anonymity? With humility?

"AA Grapevine", Nov 69-Sept 71, Reprinted with permission of the AA Grapevine, Inc.

Not doing it perfectly the first time is no reason to quit!

Conference-Approved Literature

The term "Conference-Approved" describes written or audiovisual material approved by the Conference for publication by G.S.O. This process assures that everything in such literature is in accord with AA principles. **Conference-Approved material always deals with the recovery program of Alcoholics Anonymous or with information about the AA Fellowship.**

It does not imply Conference disapproval of other material about AA. **A great deal of literature helpful to alcoholics is published by others, and AA does not try to tell any individual member what he or she may or may not read.**

Not all AA literature is conference-approved. Central offices and Intergroups do write and distribute pamphlets or booklets that are not Conference-Approved. **If such pieces meet the needs of the local membership, they may be legitimately classified as "AA literature."** There is no conflict between AAWS (AA World Services, Inc. which publishes Conference-approved literature), and Central Offices or Intergroups – **rather they complement each other.** The Conference does not disapprove of such material.

Service Material SM F-29, *Conference-Approved Literature*, excerpts.

WHAT'S NEW IN THE WOLF'S DEN?

We are now well into the eighth month and in our 'neck of the woods', means heat and humidity . . . 'WHEW!' It's also a chance to reflect on the eight step of our program . . . "Made a list of all persons we had harmed, and became willing to make amends to them all."

This step is often called the relations' step. First, we look at those we had harmed, next we make every effort to repair the damage and last but not least of all, we, with the rediscovery of our true selves, try to build meaningful and lasting relationships with our fellow man. To a degree we have already done this, 'if' we have done an honest and complete fourth step. It is now time to shift gears and begin to make a complete listing of those we had harmed and draw a blueprint on how we are going to begin to heal and repair the damage.

This to some may seem like we are just re-opening old wounds, but as we begin the process, we find that the benefits soon reveal themselves. I discovered this after writing a heartfelt letter to someone I had harmed. They wrote back and stated they had forgiven me years ago and they were glad to hear from me and wanted to get together sometime. I was taken by surprise and wondered why I carried that pain and guilt around for so many years. It was just one of the issues that kept me drunk . . . trying to ease the pain.

As the obstacles are overcome and you begin to make amends, the part of the Promises that says, "You will know a new happiness and a new freedom" will come true in your life. I pray you come to know many special and meaningful relationships. Godspeed!

It is in wonderment as I read some of my books of quotations that they can cause me to ponder their meaning sometimes for a whole day. I hope they do the same for you as well! So, without further adieu . . . here goes . . .

The birthstone for August is the Peridot, Sardonyx. Congratulations to those with anniversaries and birth dates this month!

From 'Life's Little Instruction Book'

"Don't burn bridges. You'll be surprised how many times you will have to cross the same river."

From Josh Billings

"There are people so addicted to exaggeration that they can't tell the truth without lying."

From Robert Byrne

"The purpose of life is a life of purpose."

From "Heart Thoughts" by Louise L. Hay

"It is your birthright to express yourself in ways that are fulfilling to you."

Michael V. 'Gray Wolf'

Guidance

When I think about receiving guidance from my Higher Power, I always see the word dance.

Doing God's will is a lot like dancing. When two people try to lead, nothing feels right. The movement is jerky and uncomfortable.

When one person lets go and lets the other lead, both begin to flow with the music.

It's as if the two become one, moving beautifully, effortlessly.

The dance takes trust, willingness, and attentiveness from one to the gentle guidance and skill of the other.

Cynthia S. Grass Valley, CA, AA Grapevine, August 2004, with permission

AREA CALENDAR

August

- 19th Thur - **GSR and District 01 Service Mtg.**
The Bridge, 2514 Jenny La. Green Bay This is where the Home Group GSR brings your consensus. The Newsletter and Meeting List are distributed. Bring along any additions or corrections for the Meeting List. Help keep it current.
- 20, 21, 22nd Fri, Sat, Sun - **24th Annual AA Green Lake Roundup**, Green Lake, WI Write: Ch., Box 684, Menomonee Falls, WI 53051
- 28th - **New London Intergroup**,

September

- 16th Thur **GSR and District 01 Service Mtg.**
218 Club, 2514 Jenny La. Green Bay Past Grapevine issues are redistributed. If they are piling up and you wonder where to put them, bring 'em along. This is where the Home Group GSR brings your consensus.
- 18th Sat - **Intergroup Bonduel/Shawano**
Sorry to report that the B/S Committee has **cancelled** the intergroup. "It's hard to give up. We all enjoyed working and sharing and having all our friends visit. Yours in Service in the Fellowship." Mary W.
- 30, 1, 2, 3 Thur-Sun **Men's Weekend Retreat**, Jesuit Retreat House, 4800 Fahrwald Rd. Oshkosh, WI 54901-7598 By Richard Dunphy, S. J., for men members of AA and Al-Anon. Four days=\$200 \$40 deposit. Call 800-962-7330

October

- 1, 2, 3rd Fri, Sat, Sun - **2004 Fall Conference, "Singleness of Purpose – The Cornerstone of AA"** Hosted By: Area 74, Districts 06 & 07, being held at Park Inn, 1009 W. Park Ave., Chippewa Falls. WI Registration: \$16. Banquet: \$14. Sunday Breakfast: \$8. Total for all: \$38

Nobody invented Alcoholics Anonymous.

It grew. Trial and error has produced a rich experience. Little by little we have been adopting the lessons of that experience, first as policy and then as Tradition. That process still goes on and we hope it never stops. **Should we ever harden too much, the letter might crush the spirit.** We could victimize ourselves by petty rules and prohibitions; we could imagine that we had said the last word. We might even be asking alcoholics to accept our rigid ideas or stay away. May we never stifle progress like that!

Langrage of the heart, Bill W.'s Grapevine Writings, p. 20, with permission.

- 14, 15, 16, 17th Thur - Sun **14th Annual National/International Native American Indian AA Convention**, Sheraton Hotel, 7800 Normandale Blvd. Bloomington, MN Room Rates \$79.00+tx Call: 1-866-837-4278 Make hotel reservations by Sept 14th AA workshop's. 24 hr. Marathon Meetings. Old Timers Meetings. Social POW-WOW, Talking Circles. Al-Anon Events & Meetings. Dance - Dance - Dance. Recreational Activities. Speaker Meetings. Traditional Foods. For more Info call: 1-888-825-4167 Email:naiaa@nai-aa.org

- 23rd Sat **Fall Assembly**, Three Lakes Community Center, Three Lakes, WI

- 22, 23, 24th Fri, Sat, Sun **Study in Action**, Alano Club, 404 So. 29th St., Manitowoc, WI 'Precisely how we have recovered.' Study and do the Steps like the first one hundred AA's did. Dick C. from MN will speak. Seventh Tradition observed. More info next month. **Contact: Marv. S. 920-901-9509**

- 30th Sat - **Kaukauna Intergroup**, St. Mary's Catholic Church

God, now that you have brought me
Down this pathway of my life
Upon a crossroad
Show me the way
To the left or to the right
Guide me on my journey
Just like you always have
Now I know that you are with me
Where once I did not care
I still don't really understand
But don't try to anymore
I trust that your purpose for my life
You will reveal to me in time
When you deem me ready
And the pain inside subsides
Give me your strength to face today
When I ask you for your help
Show me the way

Jeff S.

... true leaders in AA are but trusted and experienced servants of the whole. They derive no real authority from their titles. Universal respect is the key to their usefulness.

Langrage of the heart, Bill W.'s Grapevine Writings, p. 23, with permission.

Thank you for letting me serve.