

**DISTRICT 01 NEWSLETTER – GREEN BAY, WI**  
**NEXT DISTRICT 01 MEETING: MARCH 19 @ 6:30PM @ THE BRIDGE**  
**MARCH 2009**

I AM RESPONSIBLE. WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP, I WANT THE HAND OF A.A. ALWAYS TO BE THERE. AND FOR THAT; I AM RESPONSIBLE

“The only requirement for membership is a desire to stop drinking”

**From: “As Bill Sees It” Light from a Prayer Page 20**

**“God grant us the serenity to accept the things we cannot change, the courage to change the things we can, and the wisdom to know the difference.”**

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We treasure our “Serenity Prayer” because it brings a new light to us that can dissipate our oldtime and nearly fatal habit of fooling ourselves.

In the radiance of this prayer we see that defeat, rightly accepted, need be no disaster. We now know that we do not have to run away, nor ought we again try to overcome adversity by still another bulldozing power drive that can only push up obstacles before us faster than they can be taken down.

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Grapevine, March 1962

Addresses of service entities for groups that wish to contribute funds beyond prudent reserves when they support 4 service entities.

**GSO**  
 Grand Central Station  
 PO BOX 459  
 New York, NY 10163

**Area 74 Treasurer**  
 2437 Sherman Creek Road  
 Eau Claire, WI 54703

**District 01**  
 PO BOX 0632  
 Green Bay, WI 54305

**Green Bay Area Central Office, Inc. – 920-432-2600**  
 P.O. Box 1791  
 Green Bay, WI 54305-1791  
 E-Mail: [info@aagreenbay.com](mailto:info@aagreenbay.com)

**VISIT OUR WEBSITE**

**DISTRICT 01**      [www.greenbayaa.org](http://www.greenbayaa.org)  
**Central Office**      [www.aagreenbay.com](http://www.aagreenbay.com)  
**AREA 74**      [www.area74.org](http://www.area74.org)  
**AREA 75**      [www.area75.org](http://www.area75.org)  
**AA GRAPEVINE**      [www.aagrapevine.org](http://www.aagrapevine.org)  
**GSO(NEW YORK)**      [www.aa.org](http://www.aa.org)

**The District Committee meets every 3<sup>rd</sup> Thursday of the month at 6:30pm at The Bridge**

**DISTRICT COMMITTEE OFFICERS**

District Chairperson	<b>John R.S.</b>	<b>883-8538</b>
Alternate Chair	<b>Tracy G.</b>	<b>983-2320</b>
Secretary	<b>Cathy E.</b>	<b>755-2502</b>
Treasurer	<b>Debbie S.</b>	<b>494-8825</b>
Archives	<b>Bill E.</b>	<b>***_****</b>
Corrections	<b>Tim T.</b>	<b>227-3156</b>
Grapevine	<b>Robert P.</b>	<b>445-0475</b>
Hotline	<b>Jim D.</b>	<b>468-8141</b>
Newsletter	<b>Brad E.</b>	<b>265-9945</b>
Public Information	<b>Elizabeth</b>	<b>497-1812</b>
Website Chair	<b>Eric V.</b>	<b>468-9262</b>
Bridging the Gap/ Treatment	<b>Betsy N.</b>	<b>362-9397</b>
District Events	<b>Phyllis W.</b>	<b>471-0749</b>
	<b>&amp; Mark P.</b>	

Cooperation with the Professional Committee  
[cpc@greenbayaa.org](mailto:cpc@greenbayaa.org)

**IF YOU WANT TO DRINK  
 THAT'S YOUR BUSINESS**

**IF YOU WANT TO STOP DRINKING,  
 THAT'S OUR BUSINESS**

**AA HOTLINE – 469-9999**

Our District Meeting List is updated and is available on the tables in the Lobby of The Bridge. Jack S. will keep them replenished.

Help keep our meeting list up to date. Please contact: [meetinglist@greenbayaa.org](mailto:meetinglist@greenbayaa.org) or call 920-468-9262

To submit information to the newsletter (events, group support, Committee info, etc.) please contact: Brad E. 920-265-9945 or [newsletter@greenbayaa.org](mailto:newsletter@greenbayaa.org)

# Minutes of the GSR and Committee Service Meeting

## January 15, 2009

Cathy E.	Secretary	Eric S.	GSR B2B
Debbie S.	Treasurer	Josh L.	Alt GSR B2B
Tom M.	Alt GSR Tue step 218	Jim D.	Hotline Chair
Jack S.	GSR come back group	Don G.	GRS Friday Night Winners Circle
Winston S	GSR Flintville Early Risers	Bill E.	Archives (New Hope)
Paul S.C.	GSR 5:30 at 218	Tom R.	Alt GSR Core Study Lit Group
Al E	Pres GBACO	John R.S.	DCM
Phyllis	Annual events chair	Alan K.	CPC

The meeting opened with the reading of the Responsibility Statement.

The Traditions were also read.

Secretary/Treasurer's Reports were submitted.

### Meeting Lists

Jack S. has been working very hard to keep the meeting list up to date. The most current list is dated, 1/1/09. Please make sure your group has the updated list and dispose of the old ones. If you know a meeting is no longer taking place, or if the time of a meeting has changed, please email Jack. You will find his email on the front page of the District 01 newsletter. If you know of a new meeting, please do the same.

### District 1

Alan K. is our new CPC chair, Phyllis W. made a motion to nominate Alan and was seconded by Jack S.

A vote was taken and it passed unanimously. Congratulations Alan, thank you for your service work.

Questionnaire In the March issue of the District 01 Newsletter there will be a questionnaire from the District Committee. It is important that you fill it out individually or as a group and answer honestly. If you don't know the answer to a question then mark it so. When done please submit by email to [dcmdistrict01@greenbayaa.org](mailto:dcmdistrict01@greenbayaa.org) or send to District 01, PO Box O632, Green Bay, WI 54305. We are hoping for a good response.

GSR'S Would every GSR get in touch with John R.S. He would like the name of your meeting, who your GSR is and the alt. GSR. John is updating the information. Thank You

The meeting closed with the Lords Prayer,  
Respectfully submitted by, Cathy E.

**Would you like a copy of the most up to date District 1 meeting list?**

**To receive a copy of the most up to date District 1 meeting list e-mail**

**Jack at [meetinglist@greenbayaa.org](mailto:meetinglist@greenbayaa.org)**

**He will send you an electronic copy of the most recent meeting list for District 1.**

**AREA 74 DISTRICT 01**  
**JANUARY 13, 2009**  
**TREASURE'S REPORT**

<b><u>Balance as of DEC. 16, 2008</u></b>	<b><u>\$ 552.51</u></b>
<b>Deposits:</b>	
<b>Pulaski Group</b>	<b>\$100.00</b>
<b>Sat. Eye Opener Group</b>	<b>\$135.00</b>
<b>Tues. 1pm Women's</b>	<b>\$ 30.25</b>
<b>Total Deposits</b>	<b>\$265.25</b>
<b>Checks or Debits</b>	
<b>The Bridge (rent)</b>	<b>\$ 15.00</b>
<b>Color Master Print-newsletter</b>	<b>\$164.37</b>
<b>All City Communications</b>	<b>\$240.67</b>
<b>Total Checks or Debits</b>	<b>\$420.04</b>
<b><u>Balance as of January 13, 2009</u></b>	<b><u>\$397.72</u></b>

**Balance includes \$650.00 prudent reserve**  
**Submitted by Debbie S. District 01 Treasurer**

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**EVENTS 2009**

**March 19, 2009**

**District 01 GSR and Committee Service Meeting**

6:30pm at the Bridge

2514 Jenny Lane, Green Bay, WI

**February 28<sup>th</sup> 2009 Saturday**

**Dance @ Genesis Club 1213 N. Appleton St.**

Appleton – Sponsored by NEW Tri- State Round Up

Chili \$2.00 – Dance \$5.00 7 – 11:00pm

Speaker: Rolland G. Round Up Reg. Special \$10.00

Please see June Round Up below for contacts

**April 17<sup>th</sup>, 2009**

**Moose & Goose at Navarino.**

Ascention Lutheran Church

Exit Hwy 47 at RT 156 go West of Navarino 3 miles

Corner of Hwy 156 & McDonald Rd.

5 – 6:00pm Set out Rummage Items & Social Time

6:00pm Dinner

7:30pm Speakers

June 19,20,21, 2009

1st Annual TriState Roundup

“The Joy of living..”

Raddison Hotel and Conference Center

Green Bay, WI

Darren J 920-360-5700

Char S 920-819-5509

September 12, 2009

**Summer Picnic!**

**Plans are underway for a 30<sup>th</sup> anniversary celebration of the Saturday morning eye opener group at St. Matthew's. The event will take place on Saturday, September 12, 2009. If you are an original and/or early member of the group (ie. before 1985) and would like to be involved, please contact Sid B. (465-6629) or Phyllis W. (471-0749). Additional details will follow soon.**

**OPEN VOLUNTEER SERVICE POSITIONS:**

**Bridging the Gap:**

Looking for volunteers to write to people currently in treatment centers or who are incarcerated. Volunteers would be the liaison for the newcomer coming from an institution to the “outside”. Volunteers are NOT sponsors, merely a contact for the person so that they may get to a meeting once released.

For more information, or to volunteer, please call Betsy N. at (920) 362-9397

**ATTENTION**

**Corrections are in need of volunteers to attend the women's meetings at 125 So. Adams St. The meetings are on Tuesdays at 7:30pm and Sundays at 6:30pm. Please help carry the message to those behind walls and if interested in this service contact Tim T. at 227-3156 and get put in touch with Kris C. or Sid. Thank you for your help.**

# GREEN BAY AREA CENTRAL OFFICE, INC. MINUTES

## January 17, 2009

Those in attendance:

Eric S.	Board V.P. / B2B rep	Debbie S.	Fill-in for secretary
Ron B.	Oper. Chair / Sun. Early Risers	Joan H.	Never On Sunday rep.
Don G.	B.O.D. / Sat. Eye Opener rep.	Al E.	President B.O.D.
Dave S.	B.O.D./ Vol. Coord. / Serenity Now		

The meeting opened with the Serenity Prayer.

Minutes from Dec. 20, 2008 were reviewed and accepted.

**Board of Directors Summary-** Al E. reported:

1. At Jan. 6, 2009 Board meeting positions were determined as follows: Al E.-president; Eric S.-vice-president; Jim D.-treasurer; Gloria B.-secretary; Don G., Don D., and Dave S.-members at large. Keys were transferred to incoming board members.
2. The treasury is at about \$4500 and all bills are up to date. Currently have about \$2000 worth of inventory.
3. GBACO is in critical need of volunteers for daytime hours.
4. 500 copies of GBACO map and summary were made to bring to District 01 Meet & Eat. Al will ask Kami about Feb. 28 speaker-potluck flyer.
5. To assist central office committees with communication and progression board members were assigned to various committees as follows: Jim and Al -merchandising/literature; Dave -volunteers; Eric and Don G -outreach; Gloria -funding; Don D -operations. They are not committee chairpersons. The board member will report at board meetings the goals and actions of their assigned committee.

**Old Business:**

1. Gratitude Month was a success making about \$1100 with which more literature / merchandise was purchased.
2. Need to continually ask people to volunteer at the central office. Dave's goal is to have two months scheduled at all times and to have an emergency back-up volunteer list.
3. Lois made a map binder for volunteers to use for reference.
4. Al will be meeting with CPA to finalize 501c3 papers. We did receive incorporation papers at the end of December.

**New Business:**

1. The Tri-State Round-up is giving GBACO space to set up for outreach.
2. Eric had an idea for the central office to host committee presentations / workshops. Eric will continue with thought process and talk to District 01 DCM John S.
3. Don G. and Joan H. both have helped spread central office awareness through AA people they know outside of Green Bay.

**Operations committee report:** Ron B. reported. Right now operations is running smoothly and issues will be addressed on an as needed basis. Once we have 501c3 status we will be able to implement an inventory tracking system. Ron has experience doing this. This will also help create financial statements.

The Green Bay Area Central Office, Inc. is headed in the right direction. GBACO is a resource for AA groups and individuals.

Meeting closed with The Serenity Prayer,  
Respectfully submitted by,  
Debbie S.

**The next meeting is Feb. 21 at noon at The Bridge. It will always be the Sat. after the third Thursday of the month. Future dates: Feb. 21, Mar. 21, Apr. 18, May 23, June 20, July 18, Aug. 22, Sep. 19, Oct. 17, Nov. 21 and Dec. 19, 2009.**

# 4<sup>th</sup> and 5<sup>th</sup> Step Spring Retreat

(AA and Al-Anon)

## March 13<sup>th</sup>-15<sup>th</sup> - 2009

**Place:** St Norbert Center for Spirituality

(People of all religious beliefs or of none are welcome)

**Time:** 5pm Friday thru 12pm Sunday

**Cost:** \$130 – includes 2 nights/5 meals

(Snacks and beverages provided throughout retreat)

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This retreat setting is designed to provide a safe and trusting environment for the participants to learn and grow in "working recovery". Group presentations on steps 4-7 are offered. Experienced facilitators in recovery willing to listen to 5<sup>th</sup> steps are available throughout the weekend in a private setting. Other opportunities to share in fellowship include open meetings, closed meetings, and speaker meetings. There are also a variety of settings available for personal and private reflection.

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Retreat is limited to 30. Please make your reservation early.

**Registration deadline is.... March 4<sup>th</sup>**

*(Limited Scholarships are available – please call to inquire)*

Send \$35 deposit to:

Step Retreats

PO Box 12201

Green Bay, WI 54307-2201

**\*\* \$35 deposits are not refundable after March 4th**

**ANY QUESTIONS?**

Call Therese

920-336-3023

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**Registration: Spring 2009 4th & 5th Step Retreat**

Name: \_\_\_\_\_ Gender M/F

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: \_\_\_\_\_ Special Needs?: \_\_\_\_\_

AA \_\_\_\_\_ Al-Anon \_\_\_\_\_ Apply For Scholarship: \_\_\_\_\_

# Annual Moose & Goose

## Corrections Literature

### Fund Raiser

**April 17th, 2009**

### Ascention Lutheran Church

Exit Hwy 47 at Rt 156 Go west of Navarino  
3 miles. Corner of Hwy 156 & McDonald Rd.

Social & set out rummage items 5-6:00pm  
Dinner 6:00pm  
Speakers 7:30pm

### Meat donations needed!

Ham raffle, 50/50 Raffle. Silent Auction.

Donations of AA literature or money from

Groups are welcome. You may mail contributions to:

Dick G. PO Box 298, Shawano WI 54166

For more info. or meat donations call:

Rolland G. (920)722-5417 Neenah

Roger W. (920) 788-0529 Kimberly

Terry W. (715) 526-6758 Shawano

Ron O. (920) 321-1072 Suamico

Tom L. (715) 757-2842 Crivitz

Ted G. (920) 756-2504 Brillion

## SUPPORT OUR NEW GROUPS

### Phoenix Group

Day: Monday

Time: 6:00pm

Location: Bay Evangelical Covenant Church

Address: 2280 Nicolet Drive, Green Bay  
(East)

Phone: 920-819-7945

Type of Meeting: O, NS, CTB

**ATTENTION:** The Red Road AA Group is still meeting Tuesday nights at 7:00pm. They still meet at the Native American Service Center in the ICS Building 2<sup>nd</sup> Floor, 201 W. Walnut.

## SERVICE OPPORTUNITY!

Carry the Message to Those Behind Walls.

Brown County Work Release, Huber

125 So. Adams St. Green Bay

Sunday 6:00 pm Men

Sunday 6:30 pm Women

(Alt. Sundays for women's group)

Tuesday 7:30 pm Women

Wednesday 8:00 pm Men

Brown County Jail

3030 Curry Ln. Green Bay

Sunday 6:00 pm Men

Sunday 8:30 pm Men

(Sunday meetings are open meetings with AA speakers. Clearance is expedited for speakers.)

Wednesday 6:00 pm Men

Wednesday 8:00 pm Women

Green Bay Corrections

2833 Riverside Dr. Green Bay

Monday 2:00 pm Men

Sanger B. Powers

N 375 County Rd. U

Oneida

Tuesday 6:30 pm Men

For more information and an application:

Please Contact: Tim T. 227-3156

From: "As Bill Sees It" Walking Toward Serenity  
Page 92

"When I was tired and couldn't concentrate, I used to fall back on an affirmation toward life that took the form of simple walking and deep breathing. I sometimes told myself that I couldn't do even this - that I was too weak. But I learned that this was the point at which I could not give in without becoming still more depressed.

"So I would set myself a small stint. I would determine to walk a quarter of a mile. And I would concentrate by counting my breathing - say, six steps to each slow inhalation and four to each exhalation. Having done the quarter-mile, I found I could go on, maybe a half-mile more. Then another half-mile, and maybe another.

"This was encouraging. The false sense of physical weakness would leave me (this feeling being so characteristic of depressions). The walking and especially the breathing were powerful affirmations toward life and living and away from failure and death. The counting represented a minimum discipline in concentration, to get some rest from the wear and tear of fear and guilt."

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Letter, 1960

Is the District contributing to your expectations of AA? District 01 has become aware of a lack of communication between groups and the District committee. The following is an attempt to rectify this situation.

Please answer the following questions and submit to [dcmdistrict01@greenbayaa.org](mailto:dcmdistrict01@greenbayaa.org) (email) or District 01, PO Box 0632, Green Bay, WI 54305 (snail mail). Please postmark no later than March 2, 2009. This is so the District can better respond to the needs of the meetings and groups in our district. Anyone may answer and contribute.

1. Does your group understand the District's role in serving the groups?
2. Have the District chairs (not central office) been any assistance to your groups?
3. Can your group afford to send \$100 each quarter to the District?
4. Do you know who the GSR is for your group and their duties?
5. Do you know why and how the money from your group is distributed?
6. Are you aware that the District 01 Committee is separate from the Central Office?
7. Does your group have a GSR and do they attend District Committee meetings?
8. Does your group contribute 7<sup>th</sup> tradition money to the GSO, District and Area?
9. Would your group like help from the District?
10. Does your group know the name of the District Chairman?
11. Is your group satisfied with the District's actions?
12. Would you like better communication between the groups and District committee?
13. Does your group know the District has a Post Office Box to send contributions?
14. Would you like email addresses for District Committee chairs published in the newsletter?
15. If you knew you could volunteer for service work at the District level, would you?

Please answer these questions to the best of your knowledge. Your input gives the district a better insight on how to serve their groups.

Thank you, John R.S., DCM, District 01, Area 74

## Step Eleven

**Sought through prayer and meditation to improve our conscious contact with God as we understood Him, Praying only for knowledge of His will for us and the power to carry that out.**

Not working Step Eleven is a slip waiting to happen, it certainly happened to me. Having paid attention to each step, and gaining a better understanding of myself and His will, one day came along when the defenses were down and a simple prayer for strength or direction for the day through meditation could have gotten me through the rough time. And then the work begins again; Forgiving, regaining composure and strength, the whole deal.

Hamilton B. wrote the following about Step Eleven. "Step Eleven has multiple daily applications: upon awakening in the morning and upon retiring at night, and whenever we face indecision or feel agitated during the day. The AA Big Book is specific about how the Step is to be applied. Bill Wilson wrote, "It would be easy to be vague about this matter (of prayer and meditation). Yet we believe we can make some definitive and valuable suggestions." If we are not careful, we can fall into the trap of thinking that Step Eleven is being fulfilled if we only pray now and then or when we are in trouble. Such a reading of the step is inaccurate. Step Eleven lays out a rigorous program of prayer and meditation that we are to follow daily. It requires serious self-discipline to work this Step. We are kidding ourselves if we think that Step Eleven "comes naturally" to most of us or is a Step to be worked infrequently."

In understanding Step Eleven, Hamilton Writes, "Our sobriety depends on the maintenance of our spiritual condition. The powerlessness over our addictions that nearly destroyed us will return if we do not work on maintaining our contact with a Higher Power. In Step Eleven, we carry that goal further: we seek to improve the conscious contact with God that we have established in the previous steps."

Readings on the step.

1. Those pages in the AA Big Book that cover Step Eleven (pages 85-88).
2. "Step Eleven" in the AA Twelve and Twelve (pages 96-105)

Adapted from a work by Hamilton B. Many thanks!

## Tradition Ten

**Our public relations policy is based on attraction rather than promotion: we need always maintain personal anonymity at the level of press, radio and films.**

Alcoholics who have recovered through our program are themselves the strongest attraction that A.A. has. When people are asked what led them to seek A.A. help, the answer given most often is: "An A.A. member." Their chances would have been slim if all of us had remained completely in hiding. But many of us have chosen to tell our friends, neighbors, employers, co-workers, doctors, or spiritual advisors that we are in A.A. – and when we do so, we are not breaking our anonymity in the meaning of this tradition.

## Concept Eleven

***While the Trustees hold final responsibility for A.A.'s world service administration, they should always have the assistance of the best possible standing committees, corporate service directors, executives, staffs, and consultants. Therefore the composition of these underlying committees and service boards, the personal qualifications of their members, the manner of their induction into service, the systems of their rotation, the way in which they are related to each other, the special rights and duties of our executives, staffs and consultants, together with a proper basis for the financial compensation of these special workers, will always be matters for serious care and concern.***